

Redefining Our Relationship with Money

Welcome to the Prosperity Habits That Work Program!

The purpose of this debugging is to restructure our consciousness regarding prosperity and to empower us to consciously think, feel, speak and act in new ways that create an abundance of what we truly desire in our lives. We are starting from a place in which our consciousness and our life experiences are more limited about money and prosperity than we would like. Therefore, we will be using the timeless guiding principles that have been effectively and successfully used by others to greatly improve their financial conditions. These principles have been used as resources for crafting the positive intentions for these sessions. As you will see, prosperity is just the starting point. In order to effectively change our prosperity consciousness we must deal with a broad range of related issues such as; purpose in life, how we can uniquely serve others, giving, the art of intending, the art of letting go, etc.

Many people have written about the correct mental attitudes, spiritual principles and most effective prosperity practices. Some of them whose work we will be drawing on for these sessions include: Catherine Ponder, Deepak Chopra, Rev. Ike, Jerry Mundis, Louis Hay and others. I am deeply grateful to these authors for their insights.

Those who have learned Human Software Engineering or have received WaveMaker Coaching or Core Dynamics Coaching sessions know that it isn't enough to read and intellectually understand these principles and recommendations. We've all read these ideas before but our thinking, feeling and behavior regarding money are influenced far more by our unconscious patterns, our conditioning, limiting beliefs and inner conflicts than by our intellectual understanding. Therefore, to actually be able to change the way our consciousness vibrates and manifests as our experience of money, we must identify and transform our "money rejection complexes" as Rev. Ike calls them. In addition, we need to be "switched on" for the positive principles, the appropriate positive intentions about money in order to attract more money, more of the good things that we desire into our lives.

Money Matters Assessment

In order to create a clear foundation for assessing your progress and to be able to know that this program really works, we will start with a self-evaluation of your relationship with money. Please rate the aspects of your relationship listed below on a scale of 1 (strongly disagree) to 10 (strongly agree) by circling the appropriate number.

I have an ideal relationship with money.	1 2 3 4 5 6 7 8 9 10
All of my thoughts and feeling about money are positive.	1 2 3 4 5 6 7 8 9 10
I clearly know what my unique talents are and I use them to enrich the lives of others.	1 2 3 4 5 6 7 8 9 10
I make unique contributions to society from which I abundantly prosper.	1 2 3 4 5 6 7 8 9 10
I now receive and have more money than ever before in my life.	1 2 3 4 5 6 7 8 9 10
I give generously from abundance.	1 2 3 4 5 6 7 8 9 10
Money and I co-create wonderful things together.	1 2 3 4 5 6 7 8 9 10
I feel like I am a victim of my money circumstances.	1 2 3 4 5 6 7 8 9 10
I live debt free.	1 2 3 4 5 6 7 8 9 10
I have an ideal personal financial management system that I use consistently.	1 2 3 4 5 6 7 8 9 10
I am financially independent.	1 2 3 4 5 6 7 8 9 10

At the end of the Prosperity Habits that Work Program, you will re-evaluate yourself so that you can see the changes that have taken place by upgrading

your inner human software with the WaveMaker. Sometimes, the changes that take place with WaveMaker Coaching are so thorough that you don't realize just how much change has taken place.

Re-evaluating yourself at the end of the program will give you a clearer appreciation of just how much you have improved. You can use this same chart and circle the new number (if it has changed) with a different color pen so that you can easily compare the old and the new you!

Redefining Our Relationship with Money

These are some of the common issues that motivate us to change regarding our relationship with money. This list is a laundry list of concerns and inner conflicts, many of which we will be dealing with throughout the program from different angles. Which statements apply to you?

Read the following statements and put a check by those statements that you feel relate to you. Your Great Life Programs Coach will also muscle check to see if there are any of these issues for which there may be an unconscious resonance in your system.

CHECK

- Lack of flow
- Too many expenditures
- Difficult to accumulate or hold money
- Putting too much value on money
- Too many debts
- Feeling unworthy about money
- Having a lot of judgment about money
- Having a lot of negative programming about money
- If I have money I'm not good
- I can't be Spiritual if I have a lot of money
- I don't have enough money to do all of the things that I want to do on a spiritual, material and community level
- I have a quandary that if I have too much money people will hit on me all the time
- A lot of money means a lot of responsibility
- I don't know how to invest properly
- Not enough self love to manifest abundance
- Savings are hampered by too many expenditures
- Too much family pressure around ability to accumulate money - creates rebellion
- Performance anxiety around money status
- I don't feel creative enough to manifest money

- I don't trust that the universe is my supply of money and not my job
- Feeling hampered by the desire to accumulate property because it will be a burden to spiritual freedom
- Fear of having too much money because I would abuse the power
- If I have money it may be at the cost of someone else not having it
- Fear of our money system falling apart
- Fear that the system won't fall apart
- Lack of confidence in investing and or speculating properly
- Fear that old karma stops the flow of money
- Lack of confidence in relationship skills preventing success in business
- Feeling that I have to work too hard for not enough money
- I don't deserve it
- Feeling that job satisfaction and earning a good income are connected (I need to live my purpose to get money)
- Not feeling connected to one's spiritual source as a source of abundance and money
- I manifest things but not always enough money
- Being happy for others abundance and good fortune but not having it myself
- I don't feel secure
- I don't get all my desires fulfilled
- Fear of the apparent control of and manipulation of the money system by the power brokers
- The world owes me a living
- Money doesn't grow on trees
- Money is dirty - even at a physical level
- I'm not paid enough
- Other people get paid too much.
- The compensation system is unfair
- Women earn only 70% of what men earn
- I feel resentful about my bills and debts
- I resent the interest rates that I have to pay on my debts
- If I get too much money I will feel greedy
- I sometimes spend money to avoid feeling pain or emptiness
- I spend money as an attempt to remedy not feeling loved or loving
- I want to have lots of money in order to feel loved
- I have to work all the time to get enough money so that I will be appreciated
- There's something wrong with me because I don't have money
- I'm not as good as those who have a lot of money
- The stock options weren't distributed fairly
- Money can't buy me happiness
- If I have too much money, it will change me in a non-evolutionary way
- I don't feel that I have the right balance of my attention regarding money
- If I put too much attention on money, other areas of my life suffer
- I'm afraid that if I don't put enough attention on money, not enough will come to me

- I've seen others get corrupted by money so I fear that this might happen to me
- If I have a lot of money, I might not use it wisely.
- I have difficulty discriminating what to spend my money on
- I simultaneously admire and resent people who have more money than I do
- I have inner conflicts about my role as wife and mother and having my own business
- I feel that I have to work at something other than what I really want to do in order to make money
- I have to compromise what I do in order to make money
- I view myself as a child amongst adults and I can't take care of myself, so I look to others to take care of me
- There's never anything extra
- I must give away anything extra and not spend it on myself, because others have less
- My wealth is robbing the poor
- If I give my money, it won't come back
- My money always seems to be depleting
- I am afraid of making mistakes in almost every transaction, i.e., not charging enough, charging too much, paying too much, or buying the wrong thing, etc.
- The more I have the more I could lose
- If I make more money I may lose some friends
- I don't want to rock the boat
- I'm afraid of being judged and/or judging myself as being one of the filthy rich
- I'm more comfortable around people who are of the same or lower money status as me
- I am blocked from relating to people authentically by the way I rate them in terms of how much money they have and how successful they are
- I'm dependent on a man for money
- I am ambivalent about buying nice things for myself
- I don't completely feel free to spend my husband's money
- Money must come through men not through God
- How will I take care of myself without a man?
- I'm limited by my level of education, social status and gender as to how I can make money
- I resent that I have to buy into the "system" in order to make money
- Things always keep costing more and more
- I don't know how anyone can save because there's always something to buy
- Possessions are a burden
- The love of money is the root of all evil
- Money makes you public and this scares me.

Positive Intentions

The following list of intentions will assist you and your Great Life Programs Coach in identifying what you need to resonate with in order to redefine our relationship with money.

check

- Money means love, health, success, happiness and prosperity.
- Universal life energy manifests as money, material comfort, health, success, courage, friendliness, caring, belonging, talent, skill, dignity, elegance and the connection to my Source.
- Money is the ability to fulfill my desires. It is the being, doing, having capacity of my mind.
- Money is wonderful stuff.
- I love money and money loves me.
- My money is the flow of my consciousness.
- My spiritual life and my material life are expressions of the same Being.
- Money is Godly.
- Money is a manifestation of my spirituality.
- The increase of money in my life enhances every aspect of my living.
- I manifest money from the infinite supply of money through my creativity.
- I am at one with the universal spiritual laws of money and they bring me the fulfillment of all my desires.
- I deserve to be happy
- I am committed to the meaning and purpose of my life
- I trust happiness
- I trust money
- I have the power to say no
- I have the power to say yes
- I am loved and nurtured
- I am confident
- It's wonderful to have money
- Prosperity is enjoyable.

Check

In this section, we identify the inner conflicts that you have about money that are the barriers to fully resonating with your intentions regarding your relationships with money.

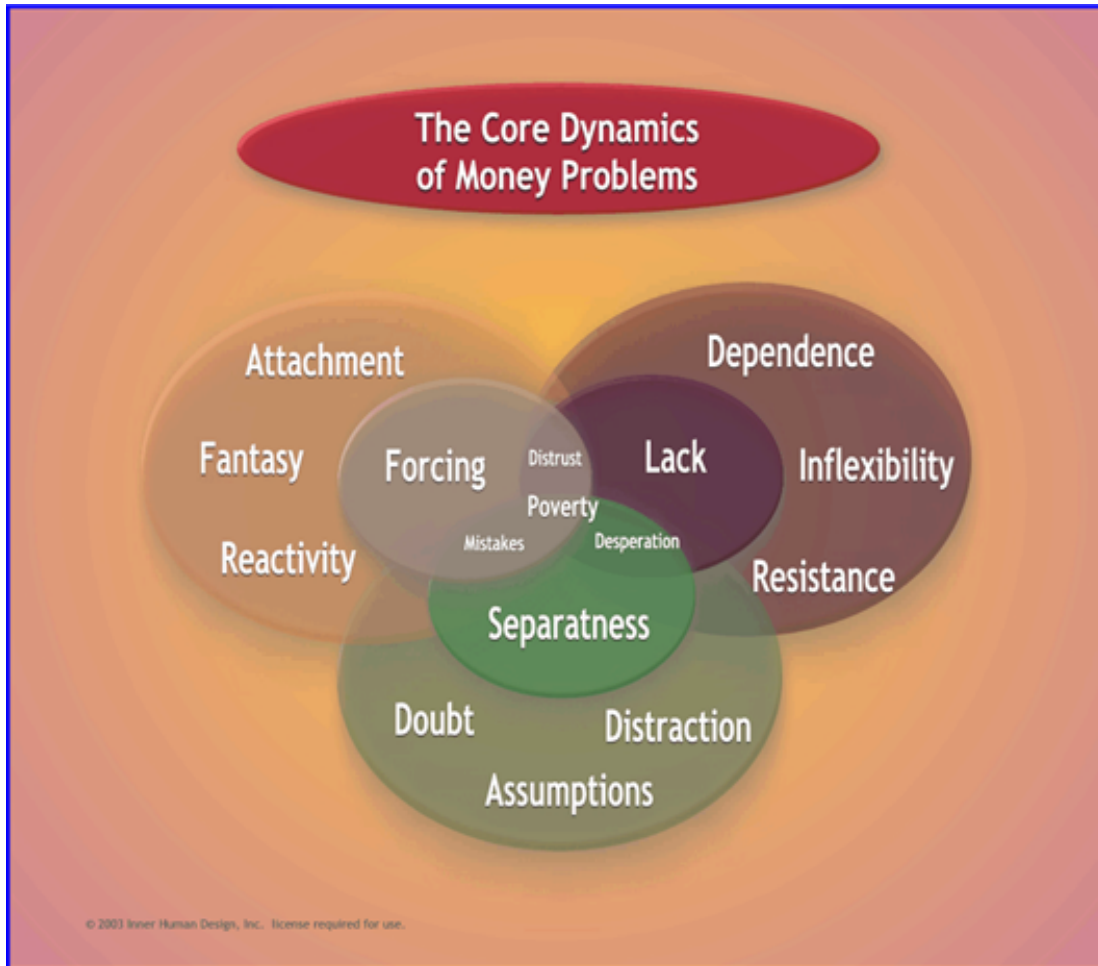
Resonances needing debugging:

DEBUG

- I have no control
- I must be in control
- I am inadequate
- Prosperity is stressful
- I am unable to accomplish what I want
- I don't deserve to be happy
- I am hurt and abused.
- Life is meaningless.
- It's not O.K. to have money.
- I can't trust happiness. I can't trust money.
- I put too much value on money
- If I have money it may be at the cost of someone else not having it.
- I don't feel secure.
- I feel resentful about my bills and debts.
- A lot of money means too much responsibility.
- I'm not paid enough.
- I'm not as good as those who have a lot of money.

CHECK

Now check the Core Dynamics of Money Problems model to see which Core Dynamics as well as habits based on the Core Dynamics may be creating barriers to you having an ideal relationship with money. The underlying principles of the Core Dynamics of Money Problems are the same as those of the Core Dynamics of Common Problems.



The following beliefs are sometimes inherited from your family of origin. Your Great Life Programs Coach will muscle test to see if any of them are resonating in your system and need to be debugged.

DEBUG

- No one in our family has ever been truly wealthy so its impossible
- It's dangerous
- it's too risky
- it's unsafe
- I am controlled by the beliefs of others
- I am controlled by those in authority, even if their beliefs are biased
- I brag in order to be accepted by others

Upgrade

Positive beliefs that may be needed:

- If one person has mastered money, it shows the way for me to do it
- I have a healthy and vital money consciousness.
- I value myself
- It's O.K. to have a life where all goes well.

Positive Actions

These are the actions that you need to do to put the positive intentions into practice.

1. Say the following statement:

Universal life energy manifests as money, material comfort, health, success, courage, friendliness, caring, belonging, talent, skill, dignity, elegance, and the memory of my Source.

2. Make a written statement of what it is that you want to be, do and have. Make your statements in the present tense and first person. Start your

statements as follows:

- I am ... (for the statements about what you want to be)
- I (use a verb or verbs in present tense)... (for the statements about what you want to do)
- I have ... (for the statements about what you want to have)

You can be, do and have anything and as much of it as you want. Be as detailed and precise with your descriptions as possible. If you like, you may organize your statements in categories such as financial, career, relationships, spirituality, health, fitness, etc. Some people also find it effective to begin each section with a statement of gratitude such as – I am grateful that: followed by a list of your statements.

It is important to thoroughly debug the charge in you that is holding your inner conflicts about your relationship with money in place. If appropriate, your Great Life Programs Coach will teach you a **Power of Knowing Technique** for resolving old, embedded patterns of emotional charge. This technique is called “Feeling into the Core of the Energy of the Feeling”. It’s a very liberating experience and a great resource for you to learn and use to quickly and easily come out of the grip of emotional reactions.

In addition, use the “Unplug the Power/Shift to Neutral” **Power of Knowing Technique** to assist you in dismantling old ineffective habits regarding your relationship with money.

See the **Power of Knowing Techniques** booklet in the pocket of this workbook for detailed guidelines and discuss this with your Great Life Programs Coach to make sure that you can do these techniques effectively.

May you prosper through redefining your relationship with money!